

## EP PRESS RELEASE

### Cara Mitchell *Afraid of The Dark*

**Artist:** Cara Mitchell  
**EP:** *Afraid of The Dark*

**Tracks:**

1. Dust To Dust
2. Give Up The Ghost
3. Suspended Motion
4. The Devil My Friend
5. This Human

**Release:** 11th November 2014

**Label:** AGP

**Format:** Download

**For fans of:** Laura Marling, Lucy Rose, Lily & Madeline, Lauren Aquilina.



---

*“Beautiful lyrics and a wonderfully quirky voice...”* - **For Folks Sake**

The enchanting nineteen year old **Cara Mitchell** is back with her breath taking latest EP, ***Afraid of The Dark***, out on **11<sup>th</sup> November 2014** via **AGP**.

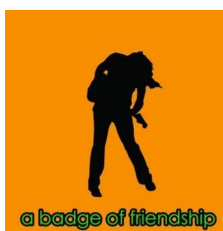
Originally from Aberdeen in Scotland, Cara has been honing her skills for the past two years to create something even more flawless than her debut EP *Have You Ever Wondered*. Cara's unique vocal tone is just the beginning of her talents, with her charming lyrics and wonderfully arranged harmonies bringing each song together beautifully.

The five track EP opens with *Dust to Dust*, which immediately introduces the listener to Cara's gorgeous tone. The track builds with the drums a driving force to a beat that you can't help but tap your foot to. As you move through the EP, the tracks soften slightly with Cara's vocals taking centre stage in *Suspended Motion*, with her incredible ability to bend notes in an almost Blues like fashion. The EP ends on *This Human* which delicately allies Cara's soft vocal and the strummed acoustic guitar, making you wish you were cuddled up close to someone by the fire.

In the last two years Cara has supported the likes of **Emeli Sande**, **Rachel Sermanni**, **Simone Felice** and **Emily & The Woods**. She has also performed a televised session for **BBC Scotland** as well as picking up support from the likes of **Jim Gellatly**, **BBC Radio 1**, **The Scotsman** and **For Folks Sake**. Her sharp rise in Scotland saw her gain a nomination for **Best Acoustic Act** at the 2013 and 2014 **Scottish Alternative Music Awards**.

***Afraid of The Dark*** is due for release on **11<sup>th</sup> November 2014** via **AGP**.

- Cara Mitchell is available for interviews
- EPK, photos and artwork available upon request
- Website: [www.facebook.com/CaraMitchellMusic](http://www.facebook.com/CaraMitchellMusic)



---

All PR enquiries to:  
Paul McCallum  
**A Badge of Friendship**  
E: [paul@abadgeoffriendship.com](mailto:paul@abadgeoffriendship.com)  
T: 0208 605 2414 // 07833 934 297  
URL: [www.abadgeoffriendship.com](http://www.abadgeoffriendship.com)